23 Nov 2026

Sometimes our loved ones start to feel sick and low mentally so when both these mix, it can be bad for their emotional state. We need to support them and their needs and at the same time validate their feelings. If they are feeling that low, we need to see why.

1 Thessalonians 5:11 New International Version

[11] Therefore encourage one another and build each other up, just as in fact you are doing.

Sometimes this building up is just being present. Often, we as humans get down or blue when we are out of our natural environment. This can be especially true when they are in a nursing home. Away from their routine and regular visitors.

Colossians 3:12-14 New International Version

[12] Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. [13] Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. [14] And over all these virtues put on love, which binds them all together in perfect unity.

Love in perfect unity. We need to love one another perfectly. How can we do this? I am no where near perfect. We must seek the one who is

perfect, Jesus Christ. He lived a perfect life then died for us so we can to be save then rose again. We need to seek him out and his love.

Matthew 2:2 New International Version

[2] and asked, "Where is the one who has been born king of the Jews? We saw his star when it rose and have come to worship him."

The wise men sought out Jesus the worship Him, and to give Him gifts. No to see what he can do for them. We need to do the same for those we love in nursing homes.

Loving as Christ loved me,

Chaplain Tony