

**17 Aug 2026**

**As we face the loss of what we always took for granted it is hard. For some it is the physical movement of the body and for others it is their mental facilities. We rely on this each day and when it is gone we get scared. The unknown is what scares us and this is something unknown. What can we do where can we turn. We need to turn back to the Lord.**

### **Proverbs 3:5-6**

#### **New International Version**

**<sup>5</sup> Trust in the Lord with all your heart  
and lean not on your own understanding;  
<sup>6</sup> in all your ways submit to him,  
and he will make your paths straight.<sup>[a]</sup>**

**He will make your paths straight. Straight in His plan not yours you need to follow his plan and lead. This gets hard because he doesn't share it, you have to rely on Him. Walk with him each day and remember to ask him. In pray, meditation and scripture reading. Remember He knows:**

### **Jeremiah 29:11**

#### **New International Version**

**<sup>11</sup> For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.**

**He has plans for us. He places us exactly where He wanted us. This is hard to swallow, sometimes because we are somewhere we don't want to be. For a lot of seniors this is a nursing Home. But God knew you would get the care you need from the nurses to the aides, cooks and housekeeping. He is there for you! Bask in His plan.**

## **2 Corinthians 12:9-10**

### **New International Version**

**<sup>9</sup> But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. <sup>10</sup> That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.**

**I love his grace even when I don't understand it,**

**Chaplain Tony**