

12 Aug 2026

Today with our busy lives and less time at churches we worry if we are saved. Often it is over thought and people worry but they haven't stepped foot inside a church except for Christmas and easter. Then couples get married and are of different denominations. What does this do to us? We tend to have concerns. Anxiety builds and when we are at the end of life are stressing about it. What does the Bible say?

1 John 1:5-9

New International Version

Light and Darkness, Sin and Forgiveness

⁵ This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. ⁶ If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. ⁷ But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all^[a] sin.

⁸ If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

We walk in the light. Not perfect but are trying, and yes sometimes failing. We fellowship with one another family friends or church members. Doesn't matter who but what you are doing. We realize we are with sin, but we ask for forgiveness.

Psalm 32:5

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**⁵ Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, "I will confess
my transgressions to the Lord."
And you forgave
the guilt of my sin.**

So, we need to confess our sins God says so. Churches use big words; repent. What does that mean? It means to turn your eyes back to Jesus. When we do, we turn our back to sin.

Hebrews 12:1-2

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12 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, ² fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

I am running to Him,

Chaplain Tony