

25 July 2026

Sometimes we forget to rest. Work each day and do not take the advice of the Lord. Now, I don't believe it has to be on a particular day after all I have sermons to deliver on Sunday and others have jobs as well that work on Sunday and they are ministering in their own way with their own Gifts. So, the day is important the time is. Remember to rest:

Exodus 20:8-9

New International Version

⁸“Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work,

Keep one day of rest, why? To spend time with God. Don't get so busy you forget who you owe all to:

James 4:8

New International Version

⁸ Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

Come near God on this day of rest get to know him. After all he will do anything for those he loves we need to remember that faithfulness. Come along side him I enjoy Him each day but I need to time to have extra prayer time or meditation time spend with Him.

Ephesians 2:8-9

New International Version

⁸ For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— ⁹ not by works, so that no one can boast.

We owe it all to Him let us spend time with him, Rejoyce with him then find ways to unwind from all the hard work.

Walking with Him,

Chaplain Tony