

19 July 2026

Life is a series of choices, and you have to choose the best one. Each choice builds on one another, and you build your life this way. We think we got this but in the end without God, we don't have this. We must ask Him for help with each choice. If not, we are not following Him. Jesus warned us our thinking is not like His:

Matthew 6:25-34

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Do Not Worry

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life^[a]?”

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

What we can do in this life with or worry or concern is nothing to make it better. We need to worry about the things we can change and let go of the things we cannot. Isaiah reminds us:

Isaiah 55:8

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**⁸“For my thoughts are not your thoughts,
neither are your ways my ways,”
declares the Lord.**

Let God do the changing and we just remember to listen for Him.

Waiting on his command,

Chaplain Tony