

**18 July 2026**

**Life gets hard sometimes. We struggle through it thinking God will never give us more than we can handle. That is not true. God gives us things to go through that are too hard for us alone. We need to call upon Him.**

**Psalm 50:15**

**New International Version**

**<sup>15</sup> and call on me in the day of trouble;  
I will deliver you, and you will honor me.”**

**Call upon Him and he will deliver us. Him personally he loves us so much he will step in like with Christ dying for us to anything we call on him. Personal:**

**Isaiah 58:9**

**New International Version**

**<sup>9</sup> Then you will call, and the Lord will answer;  
you will cry for help, and he will say: Here am I.**

**“If you do away with the yoke of oppression,  
with the pointing finger and malicious talk,**

**He will come personally for us. God wants this type of relationship with us, personal and one on one. If you need another example of His love one of my favorite poems as a kid sums it up:**

**One night I dreamed I was walking  
along the beach with the Lord.  
Many scenes from my life flashed across the sky.  
In each scene I noticed footprints in the sand.  
Sometimes there were two sets of footprints,  
other times there were one set of footprints.**

**This bothered me because I noticed that  
during the low periods of my life, when I was  
suffering from anguish, sorrow or defeat,  
I could see only one set of footprints.**

**So I said to the Lord,"You promised me  
Lord, that if I followed you,  
you would walk with me always.  
But I have noticed that during the most trying periods  
of my life there have only been  
one set of footprints in the sand.  
Why, when I needed you most,  
you have not been there for me?"**

**The Lord replied,  
"The times when you have  
seen only one set of footprints,  
is when I carried you."**

***– Mary Stevenson***

**During the rough times He was carrying ME.**

**Chaplain Tony**