

9 June 2026

As we look at this world and think how we end up where we are at we have to remember free choice. Yes, which country, family or gender was already decided for us and this will allow us to know how many choices we have but in the end we chose where we are with each little choice. Even little things like how we relax or unwind dictate where we would end up. Little choice like hours watching tv or surfing the web rather than bettering ourselves. Or bigger ones like recreational drugs. They can be beer, wine, weed or any mind-altering drug. This will place us in another place. It is hard breaking these choices that we make but remember to look at the lord to do so:

Colossians 3:23-24

New International Version

²³ Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, ²⁴ since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

Now, I am not saying no wine or other things but do so in moderation. Allow your life to be balanced in the lord and not to the world. After all Jesus' first miracle was to turn water into wine. But let's look at God's advice in proverbs:

Proverbs 23:20-21

New International Version

²⁰ **Do not join those who drink too much wine
or gorge themselves on meat,**
²¹ **for drunkards and gluttons become poor,
and drowsiness clothes them in rags.**

So God brings it back to moderation. Brothers and sisters allow this moderation to also move from your work life to your personal life. Maybe less time on tv or parties and finding ways to better yourself. May be as simple as taking a class on a local college or joining one at a business. Better yourself and have fun in doing it. I remember years ago my daughter incited me on a field trip. Where we went to a business to teach us how to paint. Still can not do so but followed the steps to make one good painting. And have fun doing it.

Enjoy the memories God gives us,
Chaplain Tony