

25 May 2026

When I read the Old Testament I feel Christ talking to me. One of the greatest examples is Psalms 23:

Psalm 23

New International Version

Psalm 23

A psalm of David.

¹ The Lord is my shepherd, I lack nothing.

**² He makes me lie down in green pastures,
he leads me beside quiet waters,**

³ he refreshes my soul.

**He guides me along the right paths
for his name's sake.**

**⁴ Even though I walk
through the darkest valley,^[a]**

**I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.**

**⁵ You prepare a table before me
in the presence of my enemies.**

**You anoint my head with oil;
my cup overflows.**

**⁶ Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the Lord
forever.**

V1 Christ calls himself the shepherd.

V8 anoint my head this is what Christ does!

V9 the love of Christ and his promise to be in heaven forever.

These are the promises I feel and the same promises He gives to his followers in the New Testament.

I love walking with Him,

Chaplain Tony