

20 April 2026

As we go through life we deal with uncertainty every day. Looking back to 2020 that was the biggest issue with covid, the unknown. We wanted to know how bad it was, how it spread, where it came from, and what the antidote is. Now that we know more about it, we see that it is like the flu. When we look back in history to the 1918 Spanish flu it had similar results of covid. Google pictures of it. Sickness death and masks like we had in 2020. We need to be vigilant but at the same time not to stress.

Do we think that covid took God by surprise? Like he was up in heaven saying “wow where did this covid come from”? No, our days are numbered and He has a perfect plan for our lives. We need to trust in The Lord:

Psalm 37:5

New International Version

<sup>5</sup>Commit your way to the Lord;  
trust in him and he will do this:

Further in the Old Testament it reads:

Isaiah 26

New International Version

### **A Song of Praise**

**26** In that day this song will be sung in the land of Judah:

We have a strong city;  
God makes salvation  
its walls and ramparts.

<sup>2</sup>Open the gates  
that the righteous nation may enter,  
the nation that keeps faith.

<sup>3</sup>You will keep in perfect peace  
those whose minds are steadfast,  
because they trust in you.

<sup>4</sup>Trust in the Lord forever,  
for the Lord, the Lord himself, is the Rock eternal.

<sup>5</sup>He humbles those who dwell on high,  
he lays the lofty city low;  
he levels it to the ground  
and casts it down to the dust.

We need to remember this. Even when we are doubting ourselves, family even God. Stay on the path, rely on the creator, love His plan.

Rejoyce!

Chaplain Tony